



Sensitivity Experiments on the Response of Vb Cyclones to Ocean Temperature and Soil Moisture Changes

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Abstract. Extra-tropical cyclones of type Vb, which develop over the western Mediterranean and move northeastward, are major natural hazards being responsible for heavy precipitation over Central Europe. To gain further understanding in the governing processes of these Vb cyclones the study explores the role of soil moisture and sea surface temperature (SST) and their contribution to the atmospheric moisture content. Thereby, recent Vb events identified in the ERA-Interim reanalysis are dynamically downscaled with the Weather Research and Forecasting model (WRF). Results indicate that a mean Vb event is mostly sensitive to an increase in the Mediterranean SSTs, e.g., an increase of +5 K leads to an average increase of 24 % in precipitation over Central Europe. This increase in precipitation is mainly induced by larger mean upward moisture flux over the Mediterranean with increasing Mediterranean SSTs. This further invokes an increase in latent energy release, which leads to an increase in atmospheric instability, i.e., in convective available potential energy. Both, the increased availability of atmospheric moisture and the increased instability of the atmosphere, which is able to remove extra moisture from the atmosphere due to convective processes, are responsible for the strong increase in precipitation over the entire region influenced by Vb events. Precipitation patterns further indicate that a strong increase in precipitation is found at the eastern coast of the Adriatic Sea for increased Mediterranean SSTs. This premature loss in atmospheric moisture leads to a significant decrease in atmospheric moisture transport to Central Europe and the northeastern flanks of the Alpine mountain chain. This leads to a reduction in precipitation in this high-impact region of the Vb event for an increase in Mediterranean SSTs of +5 K. Furthermore, the intensity of the Vb cyclones, measured as a gradient in the 850-hPa geopotential height field around the cyclone centre, indicates that an upper bound for intensity might be reached for the most intense Vb event. This fact indicates that strong cyclones are more strongly steered by the present atmospheric conditions.

1 Introduction

The frequency and intensity of extreme events are highly vulnerable to climate change (Hartmann et al., 2013; Fischer and Knutti, 2014; Fischer et al., 2014; Fischer and Knutti, 2015), e.g., heavy precipitation events in the midlatitudes exhibit an increase with on-going climate change (Hartmann et al., 2013). Since it is difficult to predict changes of extreme weather events, in particular at regional scales in a possible future climate (Fischer and Knutti, 2015), it is of great importance to



understand the triggering mechanisms and the involved processes of high impact weather events, e.g., cyclonic systems with their associated wind gusts and heavy precipitation.

A prominent phenomenon of regional high impact weather in Central Europe, and especially over the northern ridge of the Alps, is the so-called Vb cyclone. Vb events are characterised as cyclones that typically develop over the Mediterranean Sea (Gulf of Genoa) and travel during their intensification phase along the southern side of the Alps. As they reach the eastern edge of the Alpine mountain chain, the cyclone turns north-eastward towards St. Petersburg (Van Bebber, 1891). These cyclones transport large amounts of atmospheric moisture to the northern side of the Alps and Central Europe, thus triggering extreme precipitation events (Messmer et al., 2015) and exhibit a great potential for floods in the Elbe catchment (Nied et al., 2014) and the Alpine area (e.g., chapter 5 in MeteoSchweiz, 2006).

Several studies record that often cutoff-lows, including the Vb pathway, are responsible for extreme precipitation and discharge events in the Alps and Central Europe, e.g., the prominent European flood that occurred in August 2002 (Ulbrich et al., 2003a; Jacobeit et al., 2006; Grams et al., 2014; Messmer et al., 2015; Awan and Formayer, 2016). The potential of transporting extreme precipitation to Central Europe is especially high if these cutoff-low systems are positioned in the northern or eastern part of the Alps (Awan and Formayer, 2016). These studies above demonstrate that there seems to be a wide agreement on the large-scale dynamics of Vb events. Still, the thermo-dynamical processes, and especially the moisture sources, remain unclear as described in the following.

To identify the main moisture sources during Vb events, the case study approach is widely used in the literature (Ulbrich et al., 2003a; Stohl and James, 2004; Sodemann et al., 2009; Gangoiti et al., 2011). The most intensively studied Vb cyclone is the one-in-a-century event that occurred in August 2002 and led to a major flooding of the Oder and Elbe catchment. Some studies have identified evaporation from land, together with moisture from the Mediterranean Sea and the Atlantic, as important moisture sources during the 2002 Vb event (Ulbrich et al., 2003a; Stohl and James, 2004). This is in line with the study performed by Sodemann et al. (2009), who suggested that water vapour from separated moisture sources contributes to the extreme precipitation in the most affected area during the August 2002 Vb event. These moisture sources include the Atlantic Ocean and Mediterranean Sea areas inside the model domain, the evapotranspiration from land areas, and long-range advection from subtropical areas outside the model domain. However, some more general studies on precipitation events in Europe suggest that the Mediterranean Sea plays an important role in such events. Gimeno et al. (2010), for example, identified the Mediterranean Sea as the main oceanic moisture source for precipitation over Central Europe. Gangoiti et al. (2011) focused on the August 2002 Vb event and identified evaporation in the Western Mediterranean basin 6 to 2 days prior to the actual event as its most prominent source of moisture. Nevertheless, the fact that the Mediterranean Sea is not the only moisture source during various heavy precipitation events in Central Europe is further supported by Winschall et al. (2014), who found that evaporation from European landmasses in summer and evaporation from the North Atlantic Ocean in winter is needed to trigger such events. The fact that evaporation from land, and thus soil moisture recycling, might play an important role in extreme precipitation events has been further highlighted in recent studies (Grams et al., 2014; Kelemen et al., 2016). Both studies analyse a rather atypical Vb event in 2013, which was nevertheless associated with widespread flooding in the Danube and Elbe catchment. Even though there have been several case studies devoted to identify the moisture sources during high-



impact Vb events, the results seem to be diverse as the moisture sources include the Mediterranean Sea, the Atlantic Ocean and soil moisture. Therefore, identifying the main moisture source during Vb events in general and independent of single cases, still remains a challenge.

A one-at-a-time sensitivity experiment can help identifying the main moisture sources as it allows to diagnose the processes that contribute most to the model parametric sensitivity (Lee et al., 2012; Zhao et al., 2013). Thus, sensitivity analyses enable analysing the impact of several factors on a certain process (Saltelli et al., 2000). Consequently, the effect on, e.g., precipitation can be determined according to changes in the input variable, e.g., sea surface temperatures (SSTs).

The present work aims at shedding light on the sensitivity of Vb events and their impact on precipitation over Central Europe to several moisture sources. Hence, a number of idealised sensitivity experiments are designed and carried out with the regional Weather Research and Forecasting Model (WRF) to disentangle the contribution of these moisture sources during the five most intense Vb events (Messmer et al., 2015) recorded in the period 1979–2013. Thereby, and according to the variables considered by previous studies, we test the sensitivity of Vb events to changes in soil moisture in Europe and SSTs of the Atlantic Ocean and the Mediterranean Sea.

The structure of the study is as follows. Details on the model setup, data set and applied methods are presented in Sect. 2. Section 3 provides a short evaluation of the control simulation, while the results of the sensitivity experiments are discussed in Sect. 4. In Sect. 5, we focus on the Mediterranean sensitivity experiments, including an analysis of changes in cyclone tracks and characteristics. Finally, a summary of the main conclusions and a short outlook is presented (Sect. 6).

2 Data and Methods

2.1 Reanalysis data set

The ERA-Interim data set is used to provide the initial conditions and 6-hourly lateral boundaries for the regional model. This data set is produced by the European Centre for Medium Range Weather Forecast (ECMWF) in a spectral resolution of T255, which corresponds to a spatial resolution of approximately 80 km, and 60 vertical levels up to 0.1 hPa (Dee et al., 2011). The 6-hourly estimates of three-dimensional meteorological variables and the 3-hourly estimates for surface variables are generated with the Integrated Forecast System model version 2006 of the ECMWF assimilating various sources of observational data, e.g., satellite data, surface pressure observations, and radiosonde profiles (section 4 in Dee et al., 2011).

2.2 Observations used in the model evaluation

For evaluation, simulated precipitation rates and accumulated precipitation over the five Vb events are compared to two observational data sets. The first one is the E-OBS data set version 10.0 (Haylock et al., 2008). It consists of weather station data, which are interpolated to a regular 25 km grid over the European land, i.e., it does not provide data over the ocean. The variables included in this product are: precipitation, sea level pressure, and mean, minimum and maximum temperature. All variables have daily resolution and span the period 1950–2013 (Haylock et al., 2008).



The second data set is the EURO4m-APGD precipitation data. It contains the precipitation distribution over the European Alps and the adjacent flatland regions for the period 1971–2008 (Isotta et al., 2014). In contrast to E-OBS, the data is based on measurements from high-resolution rain-gauge stations and thus provides 5-km resolution on a regular grid in the ETRS89-LAEA coordinate system (Isotta et al., 2014).

5 2.3 Selection of Vb events

For this analysis, five Vb events are selected in the period between 1979 to 2013 that triggered extreme precipitation over the region of the northern slope of the Alps and northern Central Europe. For that the ERA-Interim period between 1979 and 2013 is used to identify several Vb events by applying a tracking tool developed by Blender et al. (1997) to the geopotential height field at 850 hPa (Messmer et al., 2015). The Vb tracks are then filtered with a technique adapted from Hofstätter and Chimani (2012). The filtered Vb events are classified and sorted according to the accumulated precipitation delivered over the region of the northern Alps, including parts of Switzerland, Austria, Germany and the Czech Republic. More details on the method of Vb event selection are presented in Messmer et al. (2015).

The selected five most precipitation intense Vb cyclones include two events that are of historic importance. One event is the so-called European Flood, that happened in August 2002 and especially affected the catchment areas of two rivers: the Elbe and the Oder (Ulbrich et al., 2003a, b). The other event took place in August 2005, and caused severe floods on the northern side of the Alps, especially in Switzerland (MeteoSchweiz, 2006). The other three events occurred in July 1981, August 1985 and in June 1979. These three events are not related to historic flooding events.

2.4 Model setup and sensitivity experiments

The simulations for the sensitivity experiments are carried out with the Weather Research and Forecasting Model (WRF), version 3.5.1. WRF is run with a three-nested domain setup with a nest ratio of 1:3. The domains have a spatial resolution of 27, 9 and 3 km, with a nesting run on a 2-way basis (Fig. 1). The outermost domain covers all of the Mediterranean Sea and a large part of the Atlantic Ocean. The design of the domains considers a large area of water masses to be included in the outermost domain in order to allow strong water vapour signals in the inner domains. Hence, although the innermost domain does not include the Atlantic, the outer domains allow WRF to consistently integrate the moisture flux provided by the physical mechanisms outside the smallest domain. This flux is advected towards Central Europe through the various domain boundaries. The innermost domain targets Central Europe, showing the Alpine mountain chain, and thus the region of interest, in the middle of the domain (Fig. 1). Vertically, all simulations implement 50 eta levels. The 3-km resolution in the innermost domain allows the explicit simulation of convective processes, so no additional parameterisation is needed. Other important parameterisations chosen to run the WRF simulations are listed in Table 1.

Nudging techniques are avoided, so that Vb cyclones can freely develop their path and intensity, according to the new boundary conditions imposed by the sensitivity experiments. However, the fact that nudging is not admitted, renders the starting time of the simulation critical, since too early initialisations may lead to situations where the Vb cyclone is very different to the one reproduced in ERA-Interim, or even completely missing. After testing several initiation times (not shown), we found that



starting the simulation six hours before the corresponding event is observed first, allows reproducing the events. This means, the simulated trajectory of the cyclone mimics the corresponding track of the events found in the original ERA-Interim data set (Messmer et al., 2015). However, this relatively short spin-up period of six hours can be a drawback as the model might not be in full equilibrium.

5 To assure that this short spin-up period does not affect the performance of the simulation in the sensitivity studies, a set of experiments was performed with a spin-up time of one week. The set of experiments consists of sensitivity simulations where SST changes of -5 K and +5 K in the Atlantic and the Mediterranean Sea are applied (not shown). These tests are aimed to assess to what extent longer simulations can achieve a better equilibrium state, leading to different results. To force the model to reproduce the Vb event and circumvent the problem stated above, the wind fields (U and V) and the geopotential height
10 (GPH) are spectrally nudged (wavelengths larger than roughly 600 km) above the planetary boundary layer and in domain 1 only. We found hardly any change in the thermodynamic variables when using this longer spin-up period (not shown). We thus conclude that the length of the spin-up period is suitable to reach an equilibrium during the whole life of the Vb event.

2.4.1 Sensitivity experiment for soil moisture

To test the sensitivity of Vb events to soil moisture, two highly idealised experiments are carried out. In the first set of experi-
15 ments, the initial condition for soil moisture is set to zero over the whole land part of all domains across the four levels of the soil model. A second set examines a fully saturated soil. In this regard, it is important to note that only the initial conditions are modified, i.e. the model can adjust the soil moisture afterwards due to e.g., precipitation and evaporation processes. To change the soil moisture content, the original ERA-Interim initial file is modified and the land values are set to either 0 or $0.5 \text{ m}^3 \text{ m}^{-3}$. The latter value is selected, because the soil moisture content of all soil types listed in the WRF model is always lower than 0.5
20 $\text{m}^3 \text{ m}^{-3}$.

The full saturation soil experiment described above, represents an averaged increase in land soil moisture by 21 % compared to the control simulation for the first soil layer, which is the most relevant for weather. In contrast, the complete drainage experimental setting reduces soil moisture by 64.5 % when temporally and spatially averaging domain 3.

2.4.2 Sensitivity experiment for the Atlantic Ocean SST

25 In order to gain insight into the moisture impact of the Atlantic Ocean on Vb events, the Atlantic Ocean SSTs are increased and decreased by 5 K. The two most extreme sensitivity experiments are performed to obtain a strong signal in the results. Since this large change in the Atlantic Ocean SSTs does not strongly impact precipitation (Sect. 4 for more details) other sensitivity experiments with lower SST amplitudes are not performed.

The increase of the Atlantic Ocean SSTs is guided by the expected changes in the Mediterranean SSTs described in Sect.
30 2.4.3. This is, to obtain some consistency within the two families of the SST sensitivity experiments.



2.4.3 Sensitivity experiments for the Mediterranean SST

For the sensitivity experiments within the Mediterranean Sea, eleven simulations are performed for each of the five Vb events. This corresponds to homogeneous SST changes within the Mediterranean Sea between -5 K and +5 K, in one-degree intervals. The SSTs that are deviant compared to the control simulation are then prescribed after the vertical interpolation step of
5 meteorological data onto the domain grid.

Compared to the reference period 1961–1990, Mimura et al. (2007) projected a maximal warming of the Mediterranean surface air by up to 2.19 K, 3.85 K and 7.07 K for the time periods 2010–2039, 2040–2069 and 2070–2099, respectively. Hence, the warming implied in the sensitivity experiments are in line with the spread of projected scenarios for several periods of the 21st century.

10 3 Model evaluation of the control simulations

The control simulations of the five analysed Vb events are used as reference for the different sensitivity experiments in the following. As this analysis shall show the ability of WRF to realistically reproduce such events, key variables of these control simulations are compared to observational data sets and ERA-Interim data. The analysis focuses on precipitation and the trajectories of the Vb events.

15 3.1 Precipitation

To show the performance of WRF in simulating Vb cyclones and their impact we first focus on precipitation. Precipitation rates and accumulated precipitation are evaluated in two different areas.

First, both variables are compared to observations for the entire domain 3 using E-OBS. Thereby, the simulated and observed mean daily precipitation rates for five Vb events are shown in Fig. 2(a). WRF generally simulates higher precipitation rates
20 compared to E-OBS across all five days of the Vb events. These differences are mainly caused by an overestimation of the simulated precipitation during the first two days of each event, and coincide with the highest precipitation rates. As a consequence of this, the accumulated precipitation in domain 3 is systematically higher for WRF throughout all the selected Vb events than E-OBS in domain 3 (Fig. 2(b)). This mismatch can be attributed to some extent to deficiencies in the E-OBS data, since it is known that precipitation is underestimated in the E-OBS data, especially over mountain areas and during summer (Hofstra
25 et al., 2009). The reason is that precipitation is mainly driven by convection during summer, and thus it is very local, making it difficult to capture these phenomena with the sparse observation network that is available over the Alps (Hofstra et al., 2009). Furthermore, a possible positive bias of the regional model additionally increases the differences between E-OBS and WRF.

Second, the same variables are compared in a smaller area focusing over the Alps, which is depicted by the "Alps" box in Fig. 1. In this case, the simulated precipitation rates compared to E-OBS and EURO4m-APGD, tend to line up around the
30 one-to-one relationship (second row in Fig. 2) indicating a close resemblance between the observed and simulated precipitation rates during the different Vb events. The same is also true for the precipitation accumulated during the complete event. Note



that as indicated before WRF overestimates daily accumulated precipitation compared to E-OBS, whereas it generally underestimates precipitation compared to EURO4m-APGD data (Fig. 2(d)). This opposite behaviour of E-OBS and EURO4m-APGD compared to WRF underlines the argument about the uncertainties in the E-OBS data set as explanation for the mismatch between simulated and observed precipitation for domain 3. Indeed, the EURO4m-APGD data set includes a denser spatial network of the rain-gauge stations. This renders it more suitable to capture the local convective systems that predominantly occur during summer and that lead to the high amounts of precipitation that are simulated by WRF but are not captured by E-OBS.

The evaluation indicates that WRF is able to realistically capture the precipitation rates and thus, also the accumulated precipitation during the five Vb events of interest. Further, the fact that WRF overestimates precipitation compared to E-OBS underlines the ability of WRF to accurately simulate convective processes over the Alpine area.

3.2 Cyclone track

To evaluate the cyclone trajectories obtained by WRF, the tracks are compared to the ones observed in ERA-Interim data. The latter are detected by a tracking tool (Blender et al., 1997) applied to the $1.5^{\circ} \times 1.5^{\circ}$ resolved 850-hPa geopotential height field (see Messmer et al., 2015). Since the downscaled geopotential height field is affected by high frequency noise, which is introduced by the fact that the domains are located over the Alps, the track detection is applied to the outermost domain only. The 850-hPa geopotential height field is bilinearly interpolated onto a regular latitude-longitude grid with $0.5^{\circ} \times 0.5^{\circ}$ resolution to smooth the field and remove the high-frequency noise. Nevertheless, the resolution is still somewhat finer than the ERA-Interim grid.

The tracks of the control simulation (light green line in Fig. 3) agree well with the ones obtained by ERA-Interim (black line in Fig. 3) in all of the five analysed Vb events. In particular during the intensification phase of a cyclone, i.e., the first time steps, the alignment with the ERA-Interim tracks is obvious, even though a slight displacement towards the south is noticeable. In the decaying phase of the cyclone more deviations from the ERA-Interim path are found. Note, that the precipitation intense time steps happen during the intensification phase of the cyclone and therefore a deviation from the ERA-Interim at the end of the cyclones' life time does not strongly influence the precipitation amounts, i.e., the key variable in our analysis.

4 Sensitivity of Vb cyclones to soil moisture, Atlantic and Mediterranean SSTs

In the following we present the analysis of the different idealised sensitivity experiments focusing on daily mean precipitation, moisture flux over land and the ocean, precipitable water and convective available potential energy (CAPE). These variables are able to provide insight into the processes that take place within the moisture exchange from its sources to the atmosphere. Therefore, all variables are averaged over domain 3.

The time steps that are included in the analysis are defined by the time when 95 % of the total precipitation of the event has fallen over the "Alps" box depicted in Fig. 1. This allows studying the impact of the Vb event itself, and avoids a potential contamination of the analysis due to the development of other weather phenomena, such as frontal systems, in the decaying



phase of the Vb cyclone. Domain 3 represents the influence area of the different Vb cyclones and it is therefore the region of main interest. The statistical confidence of the differences between the sensitivity experiments and the control simulations is established with the non-parametric Mann–Whitney–U test at the 5 % significance level.

4.1 Soil moisture

5 The idealised soil moisture experiment reveals that a complete drainage of the soil moisture volume in the initial conditions leads to an average reduction of 22 % in the daily mean precipitation over the five studied Vb events in the area of domain 3 (Fig. 4(a)). A full saturation of the soil moisture volume in contrast leads to a relatively small increase of 6 % with respect to the control simulation. The daily mean upward moisture flux over land decreases by approximately 78 % for a complete drainage of the soil moisture volume, while it shows an increase of 11 % for full saturation (Fig. 4(b)). As expected, the daily
10 mean upward moisture flux over the ocean, precipitable water and CAPE reveal only small changes for the two experiments with the soil moisture volume and consequently, they do not show significant changes (Fig. 4(c)–(e)). Therefore, the reduction in precipitation as well as in precipitable water with a complete drainage can be attributed to a reduction of moisture flux from the land (Fig. 4(b)), which is in turn a direct consequence of the complete removal of the soil moisture volume.

The reason is that a reduction (increase) in soil moisture volume leads to a reduction (increase) in latent heat flux and
15 therefore to an increase (reduction) in sensible heat flux. This further decreases (increases) precipitation, since relative humidity over land is strongly modified during these experiments (not shown). The reduction (increase) in the mean upward moisture flux over the ocean during the complete drainage (saturation) experiment is connected to the fact that the ocean-land winds are slightly reduced (increased) compared to the control simulations (not shown).

The average spatial precipitation patterns obtained within the soil experiment show a strong reduction in the continental
20 precipitation for the complete drainage experiment compared to the control simulation (Fig. 5). Especially higher elevated regions are affected by the decrease in precipitation such as the Alpine mountain ridge or the Dinaric Alps. In contrast, the differences in the spatial precipitation patterns between the full saturation experiment and the control simulation are small (Fig. 5(c)). Furthermore, none of the differences of the two sensitivity experiments are significant at the 5 % level using a non-parametric Mann–Whitney–U test, indicating also a high variability in the exact location of the precipitation changes within
25 the five cases.

4.2 Atlantic SSTs

The sensitivity experiment with increased and decreased SSTs in the Atlantic Ocean reveals only moderate changes in all variables (Fig. 4(f) to (j)), and none of the variables show significant changes compared to the control simulation. For mean daily precipitation in domain 3, there is almost no change detectable, with changing SSTs in the Atlantic Ocean. Daily mean
30 moisture flux over land, precipitable water and CAPE show a very small change with decreasing and also increasing Atlantic SSTs compared to the control simulation (Fig. 4(g), (i), (j)). The daily mean moisture flux over the ocean shows an inverse behaviour compared to the rest of the variables, i.e., an increase (decrease) in Atlantic SSTs results in a decrease (increase) of 9 % (7 %) compared to the control experiment (Fig. 4(h)). This reversed behaviour is due to the fact that domain 3 contains



predominantly ocean grid points that are situated over the Mediterranean Sea, with only few over the Atlantic Ocean (Fig. 1). Therefore, the impact of the Atlantic Ocean SSTs is only indirectly captured. The surface moisture flux over the Atlantic Ocean increases (decreases) with increasing (decreasing) SSTs and thus the atmospheric moisture content becomes more (less) saturated when the air reaches the Mediterranean Sea. Hence, the Mediterranean Sea behaves in the opposite direction as the Atlantic, i.e., a reduced moisture flux over the Mediterranean Sea is observed as long as the Atlantic Ocean supplies the atmosphere with moisture, and vice versa. Note, that the changes in moisture flux over the ocean are still relatively small and indeed insignificant.

This lack of sensitivity to Atlantic SSTs means that precipitation of Vb events hardly changes with changing SSTs. Therefore, also the precipitable water in domain 3 only increases slightly. As moisture content in the atmosphere increases marginally, the latent energy remains almost unchanged and thus, CAPE does not vary between these experiments.

The small observable sensitivity in the mean (Fig. 4) are also evident in the precipitation patterns of the Atlantic Ocean SST experiment. The two most extreme sensitivity experiments show on average over the five Vb events in both cases a patchy pattern with insignificant anomalies of both signs throughout domain 3 (Fig. 5(d) and Fig. 5(e)). The insignificance can be explained by a large case-to-case variability in the precipitation changes for the five Vb events selected.

4.3 Mediterranean SSTs

An increase (decrease) in the SSTs of the Mediterranean Sea leads on average over the five analysed Vb events to an increase (decrease) in daily mean precipitation, daily mean upward moisture flux over the ocean, in precipitable water and in mean CAPE (Fig. 4(k)–(o)). Particularly, an increase of 5 K in the Mediterranean SSTs leads to a significant increase in precipitation of 24 % on average, while a reduction in Mediterranean SSTs induces a reduction in precipitation of only 9 % compared to the control simulation (Fig. 4(k)) indicating a non-linear relationship further discussed below. The daily mean upward moisture flux over land shows no change over the different Mediterranean Sea sensitivity experiments (Fig. 4(l)). As expected, changes in the Mediterranean SSTs have the strongest impact on the daily mean moisture flux over the ocean compared to the other variables shown in Fig. 4. This is because an increase (a reduction) in SSTs of 5 K results in a change of 124 % (–65 %) in the mean moisture flux over the ocean compared to the control simulation (Fig. 4(m)). Besides the daily mean upward moisture flux over land, also precipitable water shows small deviations due to changes in the Mediterranean SSTs compared to the control simulation. Hence, precipitable water increases (decreases) insignificantly by 8 % (4 %) with an increase (a decrease) of 5 K in the Mediterranean SSTs (Fig. 4(n)).

As indicated above, the Mediterranean SST sensitivity experiments exhibit a nonlinear increase in precipitation amounts in domain 3 with increasing SSTs (Fig. 4(k)). This can be due to two different mechanisms. One is the increased moisture flux led by increased SSTs. This increased moisture flux leads to a mostly linear increase in the average atmospheric moisture, as demonstrated by the amount of precipitable water in Fig. 4(n). Nevertheless, the nonlinear behaviour observed in the average precipitation is driven by an increase in atmospheric instability, i.e., CAPE. Hence, an increase in atmospheric water vapour goes along with an increase in latent heat and leads to additional convection, which is capable of removing an even larger portion of water than expected from the single increase in atmospheric moisture.



As expected from the distinct changes described above, Mediterranean SST variability leads to a pattern of significant anomalies in the average spatial precipitation patterns for the +5 K experiment (Fig. 5(g)). The experiments with +1 to +3 K show almost no significance, whereas the +4 K experiments show similar significance patterns as the +5 K experiment, but with a smaller amplitude (not shown). The cooling experiments, including the -5 K experiment, do not generate significant changes on the 5 % significance level (Fig. 5(f)) compared to the control simulation (Fig. 5(a)). For the sensitivity experiments with the Mediterranean SSTs, it becomes apparent that an increase in SSTs leads to a strong increase in precipitation over coastal areas, together with a reduction in precipitation over the Alpine areas. This is explained by the loss of moisture over the coastal areas in the sensitivity experiments induced by the destabilisation of the atmosphere pointed out above. Note that the changes over the coastal areas are not significant, since the exact location and amount of precipitation varies across the five Vb events. This increased precipitation is responsible for the removal of great amounts of atmospheric moisture so that the precipitation over Central Europe, and especially the Alps, is reduced as a side effect. The significant pattern in precipitation reduction nicely resembles the water transport towards the Alps that is significantly reduced for the +5 K Mediterranean SST experiment. In case of a cooling, there is a reduced precipitation over coastal areas because of an increased stability of the atmosphere. Since the precipitation is reduced in coastal areas, the air is more likely saturated when it hits the Alps during the Vb event. Hence, more precipitation can fall in the Alpine region during the event with decreased SSTs in the Mediterranean Sea. However, such changes for a decrease in Mediterranean SSTs are not significant on the 5 % significance level.

4.4 Discussion

The three families of sensitivity experiments suggest that the analysed Vb events are mostly sensitive to changes in the Mediterranean Sea and seem to be rather insensitive to changes in the Atlantic Ocean SST and the soil moisture content. This is because an increase of 5 K in the Mediterranean SSTs leads to precipitation changes of up to 24 %. This high number can otherwise only be reached by a complete desaturation of the soil moisture in whole domain 1 and all four layers of the Noah soil model implemented within WRF. However, the latter experiment is an unrealistic extreme and more realistic situations are not likely to provoke an appreciable impact on the severity of Vb events.

Our results are in line with the case studies of Sodemann et al. (2009) and Gangoiti et al. (2011) as they identified the Mediterranean basin as a key area for the massive precipitation over Europe during the Vb event in August 2002. Sodemann et al. (2009) additionally suggested that the moisture sources during this event include the Atlantic Ocean, evapotranspiration from land areas, and long-range advection from subtropical areas outside the model domain. However, the latter results can only partially be confirmed in our study, since we found only marginal contributions of soil moisture and Atlantic Ocean SST changes to precipitation amounts. Still, our study cannot be directly compared to the results found by Sodemann et al. (2009), since we summarise the main moisture source from various Vb events instead of one isolated case study. Furthermore, evaporation from land is frequently identified as an important moisture source during Vb events, as found by Ulbrich et al. (2003a) and Stohl and James (2004) for the Vb event in 2002, and by Grams et al. (2014) and Kelemen et al. (2016) for the Vb event in 2013. The 2013 Vb event is not included in our study, because it follows a rather untypical Vb trajectory. This might be one reason for the different result in this study and the ones carried out by Grams et al. (2014) and Kelemen et al.



(2016). Furthermore, only the soil moisture volume at the beginning of the event is artificially removed, thus allowing moisture recycling during the event. This might be an additional reason for the divergence in the results on moisture evaporation from land. Nevertheless, it is important to emphasise that the main difference between this study and the studies mentioned above is that we analyse the main driving moisture source of different Vb events instead of a single case study. Thus, it cannot be expected that the average behaviour of several Vb events fully agrees with single case studies. Even though the agreement between these events is relatively large, there is still case-to-case variability. Additionally, it is noteworthy that the fact that the Mediterranean Sea seems to be the main contributor to heavy precipitation events independent of case studies is in line with Gimeno et al. (2010).

Furthermore, the increase in precipitation in coastal areas as they were found for the Mediterranean SST experiment is confirmed by the study of Meredith et al. (2015). In their study they attributed a strong increase at the eastern coast of the Black Sea to increases in the SSTs of the Black Sea. Meredith et al. (2015) also argued that the strong increase in precipitation is connected to an enhancement of the instability in the lower troposphere that allows to trigger deep convection.

5 Analysis and discussion of changes in cyclone and characteristics

Since the Mediterranean Sea seems to be the most important factor for the analysed Vb events, this section focuses on the sensitivity of the dynamics of the cyclones in the experiments with the Mediterranean SSTs.

The ten tracks (stippled lines in Fig. 3) obtained by the sensitivity experiments with the Mediterranean SSTs for each of the five studied Vb events line up with the tracks obtained in the control simulation (light green line in Fig. 3). Especially the first time steps of each of the events show a good agreement between the ten sensitivity experiments and the control simulation. Only during the mature and decaying phase of the cyclones, the tracks within the sensitivity experiment start to diverge. This indicates that deviations in the track cannot be made responsible for changes in the precipitation within the sensitivity experiments. A strong latitudinal displacement of the tracks might have influenced and changed the moisture advection to the impact area over Central Europe and hence, precipitation amounts. Since only very small deviations within the tracks are found this effect can be excluded.

Another important variable for the dynamics of a cyclone is the mean gradient within an area of $1000 \times 1000 \text{ km}^2$ at 850-hPa. The analysis shows that the cyclone with the steepest gradient during its life time is almost insensitive to changes in the Mediterranean SSTs (Fig. 6(a)). In contrast, the cyclone that has the weakest gradient of the five studied Vb events shows a much stronger sensitivity to changes in the Mediterranean SSTs (Fig. 6(b)). Thus, a warming of the Mediterranean SSTs has the potential to intensify Vb cyclones, while a slight reduction in intensity can be obtained by cooling the Mediterranean SSTs. The three other analysed cyclones (not shown) obtain maximum gradients located in between the ones depicted in Fig. 6. Therefore, the sensitivity towards changes in the Mediterranean SSTs increases with decreasing maximum gradient. This is especially true during the first 30 to 50 hours of the life time of a cyclone, i.e., during the intensification phase. These results indicate that a maximal energy threshold of the cyclone is reached in the most intense one, so only weaker cyclones are able to intensify with warmer Mediterranean SSTs. This result is in line with the work of Pepler et al. (submitted) on southern hemispheric cyclones.



They investigated the influence of eastern Australian coastal SSTs on extra-tropical cyclone intensification and results suggest that SSTs play only a minor role in the intensification of the most intense cyclones, as they are more strongly influenced by the prevailing atmospheric conditions. Also the work of Blender et al. (2016), who analysed extreme values in vorticity and geopotential height (GPH) fields during the winter, support that extremes in the GPH might be limited by an upper bound.

5 6 Summary

In this study, we try to identify the main moisture source for an average high-impact Vb event. For this three different families of idealised sensitivity experiments are carried out over five precipitation-intense Vb events that occurred in the period between 1979 to 2013. The three sensitivity experiments include artificial removal and supply of soil moisture as well as changes in the SSTs of the Atlantic Ocean and the Mediterranean Sea. The experiments are conducted with the regional model WRF, driven
10 with the ERA-Interim reanalysis dataset.

The validation of WRF with two observational data sets, E-OBS and EURO4m-APGD, reveals that WRF is generally able to reproduce precipitation amounts in Vb events over the Alpine region. There is however a slightly better agreement with EURO4m-APGD, which suggests that the convective processes largely responsible for summer precipitation in the Alps are reasonably reproduced by the model. Hence, the latter database seems to be more suitable than E-OBS for recording the
15 precipitation in this area of complex topography.

Not only precipitation seems to be captured well by the WRF model, also the track characteristics of the Vb events in the control simulations exhibit a good agreement with the ones obtained in the ERA-Interim dataset. This allows gaining faith in the model's ability to simulate the relevant physical processes in a reasonable way.

Various sensitivity experiments are carried out, which allow drawing the following conclusions: A complete removal of the
20 soil moisture content over great parts of Europe and in all four layers of the soil model in the initial conditions leads to a notable reduction in daily mean upward moisture flux over land, which leads to an increase in sensible heat flux and a reduction in latent heat flux. The increase in sensible heat conversely drives a reduction in relative humidity. The reduction in daily mean upward moisture flux and relative humidity lead to a reduction of approximately 20 % in precipitation over Central Europe. Conversely, for an increase in soil moisture content the same processes hold but in the inverse and in a reduced way, and hence
25 it leads to a small increase of around 10 % in precipitation.

Nevertheless, these two soil moisture experiments but especially the complete drainage experiment are very unrealistic and extreme. Still, it seems unlikely that a considerable impact on the severity of Vb events, i.e. on precipitation amounts, can be obtained in more realistic scenarios.

The changes in precipitation patterns for the soil moisture experiment show generally a decrease (increase) over domain 3
30 for a full drainage (saturation) of the soil moisture content. Nevertheless, the case-to-case variability for the location of the precipitation changes is high and inconsistent, and thus no significant changes are found ($p < 0.95$).

Similarly, the sensitivity experiments varying the Atlantic Ocean SST show almost no change in precipitation over domain 3, indicating that on average the analysed Vb events are hardly sensitive to changes in the Atlantic SSTs. The same holds true for



the precipitation pattern changes for the Atlantic Ocean. In these experiments the sign and location of changes varies between single Vb events, and hence no significant change can be found, neither for increasing nor for decreasing Atlantic SSTs.

A 5-K increase in the Mediterranean SSTs leads to a similar absolute change in precipitation than a complete removal of the soil moisture content. Hence, an increase in Mediterranean SSTs of 5 K leads to an increase in precipitation of approximately 24 %. The larger precipitation rates for warmer Mediterranean SSTs are induced by a strong increase in daily mean upward moisture flux over the ocean, together with a decrease in the atmospheric stability induced by the release of more latent heat. While the increase in mean upward moisture flux feeds a linear increase in precipitable water, i.e., the water content in the atmosphere, a non-linear increase in CAPE, i.e., the atmospheric instability, leads to convection that is able to remove more moisture from the atmosphere than expected by a single increase in water vapour. Hence, a non-linear behaviour in precipitation is found, and can be attributed to an increase in atmospheric instability with increasing Mediterranean SSTs due to a strong significant increase in moisture flux over the ocean. Conversely, a decrease in Mediterranean SSTs leads to inverted processes as those described before, and thus produces a slight reduction in precipitation over Central Europe.

The increase in Mediterranean SSTs by 5 K generates changes in the Balkan coastal areas together with significant decreases in precipitation amounts over the eastern ridge of the Alps. This indicates that the air contains enough moisture to precipitate out while it is lifted over the Dinaric Alps. Note that the exact location and amount of precipitation does change within the different Vb events, and consequently no significant change can be obtained here. This topographic-induced precipitation leaves the air drier than in the control experiment when it reaches the Alpine area, and explains the significant reduction in precipitation over the whole expected air advection path of a Vb event. The same mechanism, but reversed, happens in a cooled Mediterranean SSTs scenario. Still, unlike in the former case, the changes induced by a cooling of the Mediterranean SSTs do not reach a significant level ($p < 0.95$).

The above-mentioned changes in precipitation amounts and patterns indicate, from all the sensitivities analysed, that these five analysed Vb events are mostly sensitive to changes in the Mediterranean SSTs.

The Mediterranean SST experiments allow further interesting findings. While there is a good agreement in the trajectories of Vb events across sensitivity experiments, the intensity measured by gradient within an area of $1000 \times 1000 \text{ km}^2$ around the cyclone centre is generally different in the various sensitivity experiments carried out. In particular, we found that a warming of the Mediterranean SSTs can lead to an increase in the gradient, and thus to a more intense cyclone during its intensification period within the first 30 to 50 hours. Similarly, a decrease in the cyclones intensity is found for a decrease in Mediterranean SSTs. Interestingly, the change in intensity of the cyclone is inversely proportional to the maximal intensity that is obtained during a cyclone's life time in the control experiment. This is, the most intense cyclone shows little to no change in intensity, neither for decreasing nor for increasing Mediterranean SSTs. This may indicate that a maximal energy threshold for a cyclone is reached and that strong cyclones are strongly steered by the atmospheric conditions.

As a final remark these results shall not be understood as climate change projections. An important drawback in this type of sensitivity studies is that to some extent the physical inconsistency cannot be granted. In our setup, the most non-physical problem is the heating of the ocean surface alone. This has the effect that a strong and artificial temperature gradient is introduced near the coastal areas, which does not correspond to a natural behaviour. Although in these experiments the model



seems to bring this disturbance back to a physically plausible situation after a few hours, this introduces artefacts in the simulation, which are difficult to isolate. Therefore, obtaining more physically consistent and thus reliable results would require running transient simulations driven by comprehensive Earth System Models under realistic climate change scenarios.

7 Data availability

- 5 Data is available upon request from the corresponding author Martina Messmer (messmer@climate.unibe.ch).

Author contributions. Martina Messmer, Juan José Gómez-Navarro and Christoph C. Raible contributed to the design of the experiments, Martina Messmer ran the simulations and wrote the first draft. All authors contributed in the internal review of the text previous to the submission.

Competing interests. The authors declare that they have no conflict of interest.

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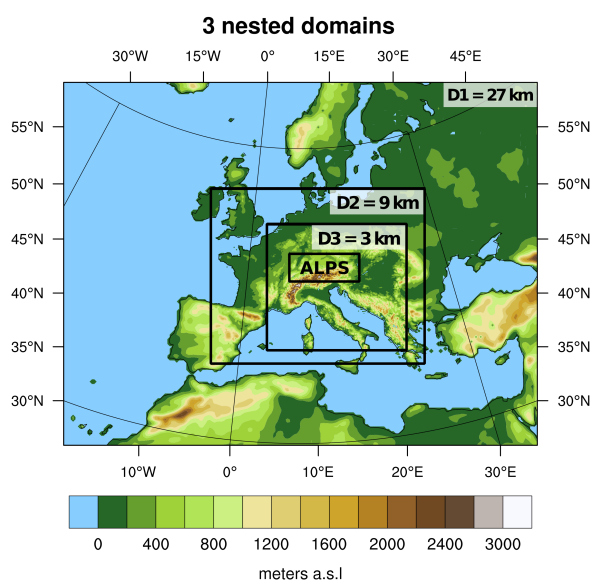


Figure 1. The three nested domains (D1 to D3) with their actual resolution are depicted as black boxes. The box labelled "Alps" denotes the area used for measuring the precipitation intensity of the Vb events. The shading shows the topographical elevation implemented in the simulations in meters above sea level.

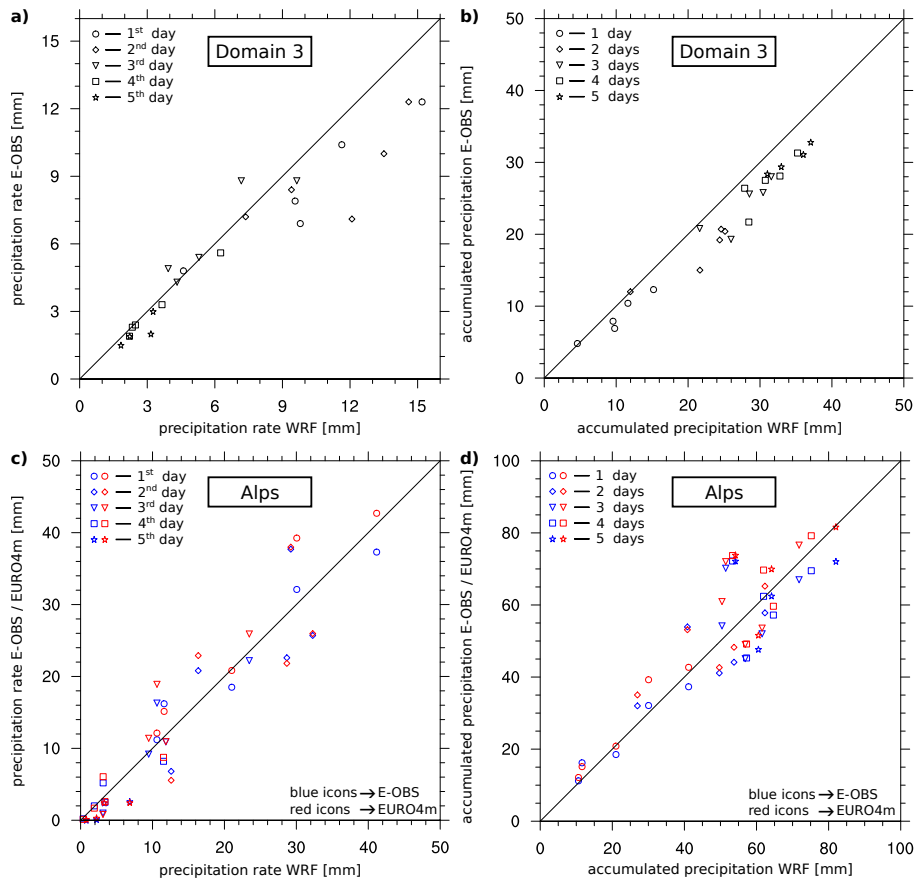


Figure 2. The left column shows the daily precipitation rate [mm] obtained by observations plotted against the one obtained by WRF for (a) domain 3 and (c) the Alps ("Alps" box in Fig. 1) for each of the five days of the five different Vb events. The right column depicts the accumulated precipitation [mm] for 1 to 5 days for the observations against the one obtained by the WRF simulations for (b) domain 3 and (d) the Alps for each of the five analysed Vb events. The upper row uses E-OBS as observational data set, while the bottom row depicts E-OBS (blue icons) and the EURO4m-APGD (red icons) as observational data sets.

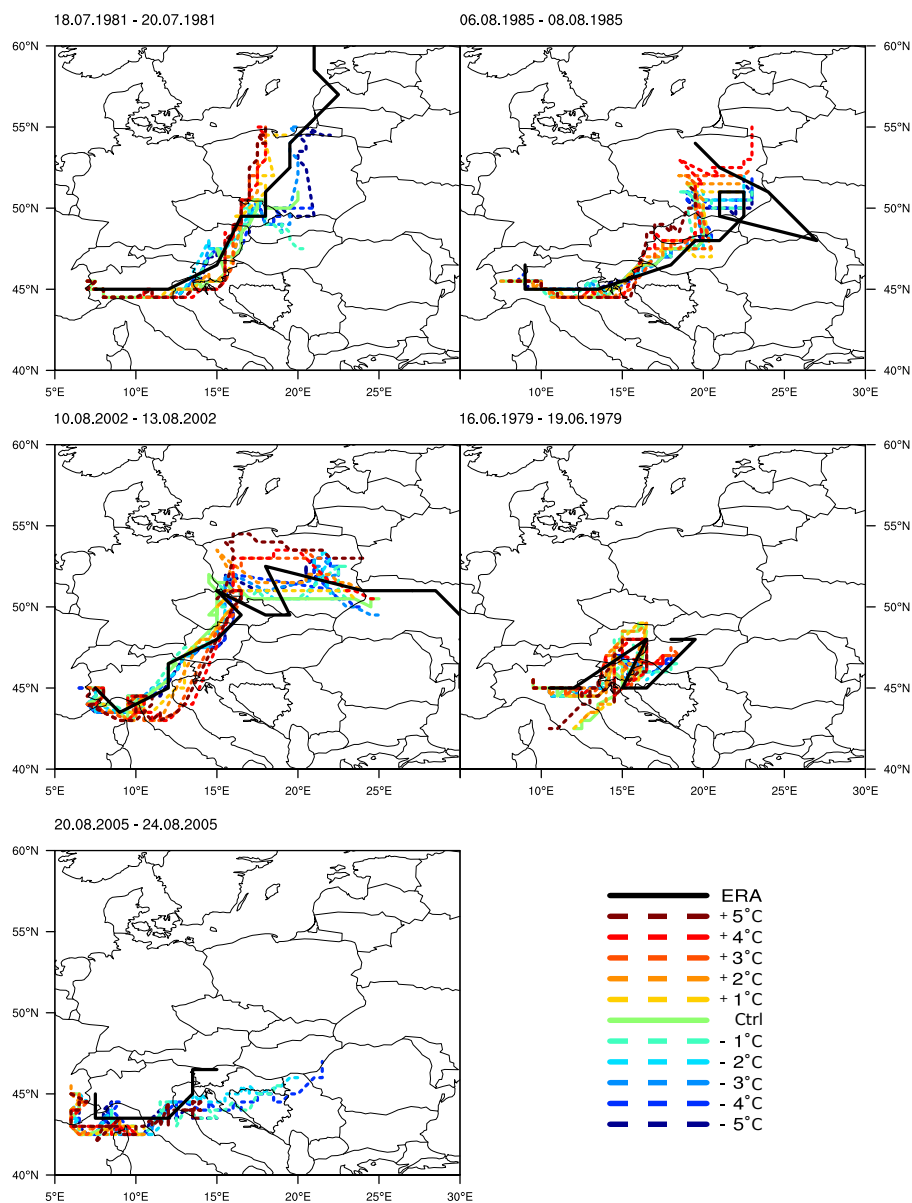


Figure 3. Tracks for the five different analysed Vb events. The black line depicts the tracks that are obtained using the ERA-Interim dataset. The light green line shows the tracks detected in the control simulation. The stippled lines show the tracks of the different Mediterranean SST experiments.

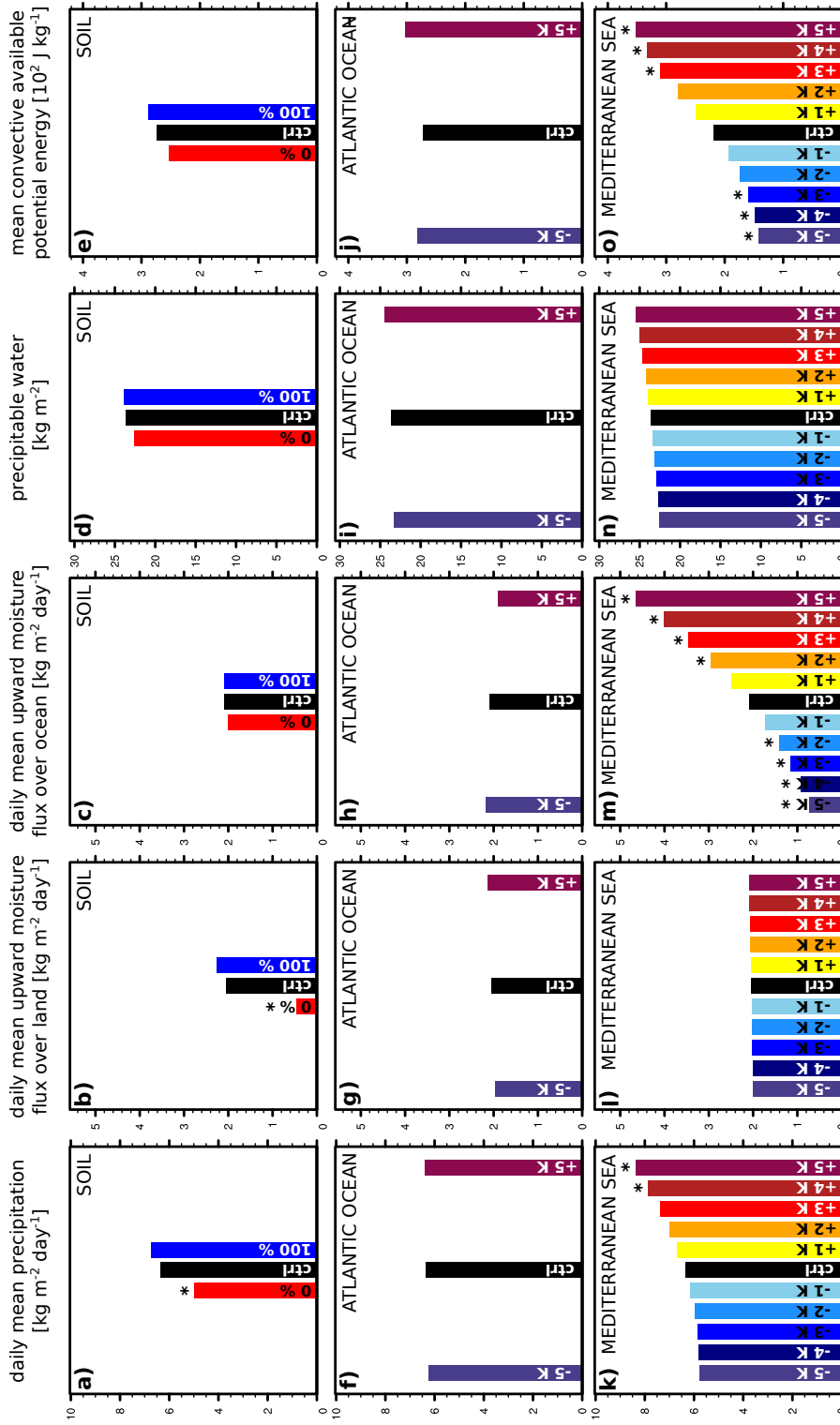


Figure 4. The panels in the first row show the mean over 5 Vb events for the soil experiments with a bar for drainage (0 %, red), the control simulation (ctrl, black) and full saturation (100 %, blue). The second row shows the mean over 5 Vb events for the Atlantic SST experiments with bars depicting a decrease in SSTs of 5 K on the left (blue), the control simulation in the middle and an increase in SSTs of 5 K on the right (red). The third row shows the mean over 5 Vb events for the Mediterranean SST experiments with bars depicting a decrease in SSTs of 5 K on the left to an increase in SSTs of 5 K on the right with increments of 1 K. The five columns show the daily mean precipitation, upward moisture flux over land and over the ocean, and mean convective available potential energy (CAPE) for D3 from the left to the right. Stars above the bars denote significant changes compared to the control simulation using a non-parametric Mann–Whitney–U test and the 5 % significance level. The units for the y-axis are given in the header of each column, whereas the x-axis denotes the performed sensitivity studies.

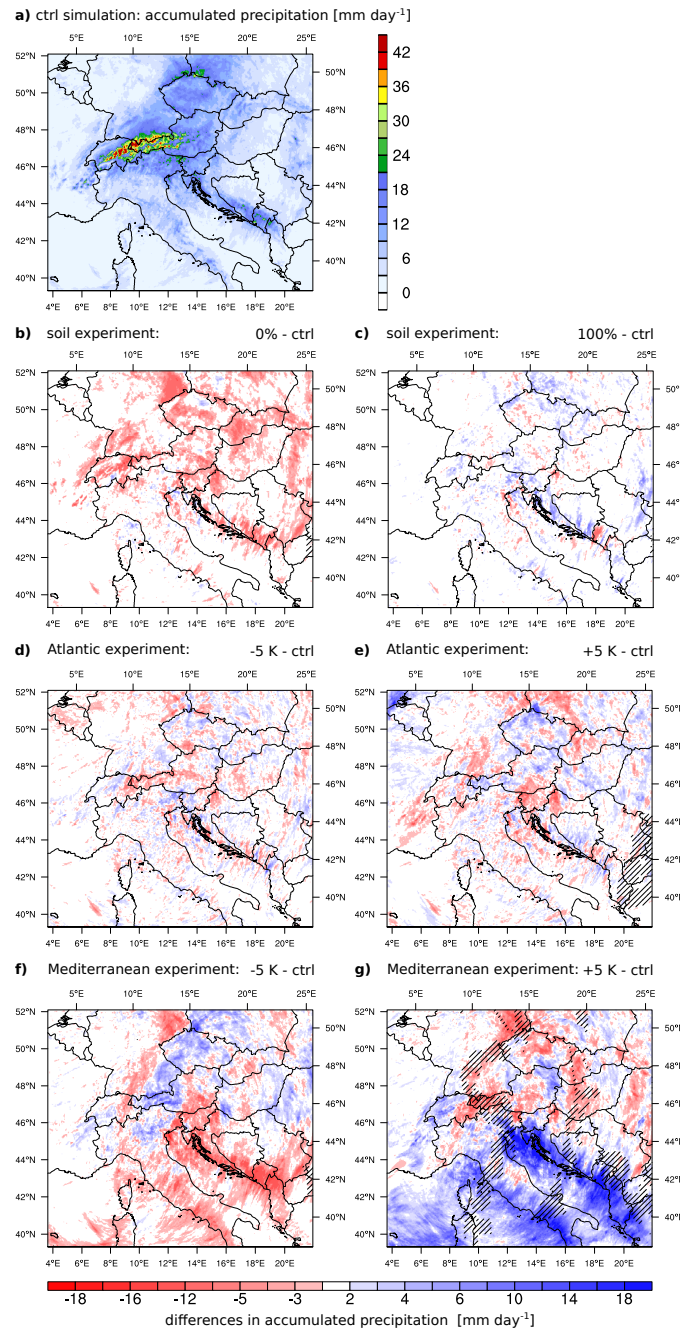


Figure 5. Panel (a) shows the accumulated precipitation [mm day⁻¹] for the control simulation averaged over the five analysed Vb events. The second to the fourth row show the differences between the mean daily precipitation obtained by the different sensitivity experiment and the control simulation [mm day⁻¹]. (b) shows the complete drainage soil experiment, (c) the full saturation soil experiment, (d) and (e) the -5 and +5 K Atlantic Ocean SST experiment, respectively, (f) and (g) the -5 and +5 K Mediterranean SST experiment. The hatched area denotes significant changes at the 5% significance level using a non-parametric Mann–Whitney–U test.

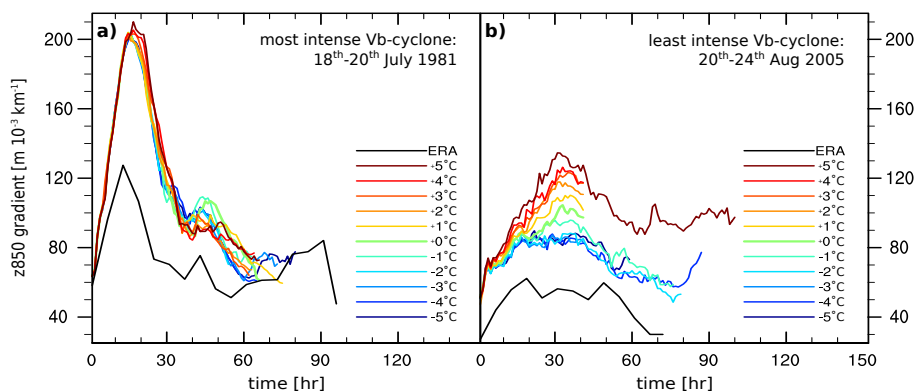


Figure 6. The gradient within an area of $1000 \times 1000 \text{ km}^2$ for the geopotential height at 850 hPa is shown for two different Vb events. The coloured lines indicate changes in the gradient over time of the Mediterranean SST experiments. The black line shows the evolution in the gradient in the ERA-Interim data for the same event. On the left panel the most intense analysed Vb event (18th–20th July 1981) is shown. On the right, the least intense of the analysed Vb events (20th–24th August 2005) is shown.

Table 1. Important parameterisations used to run the WRF sensitivity experiments.

Parameterisation	Parameter name	Chosen parameterisation	Applied to
Microphysics	mp_physics	WRF single moment 6-class scheme	Domain 1–3
Longwave radiation	ra_lw_physics	RRTM scheme	Domain 1–3
Shortwave radiation	ra_sw_physics	Dudhia scheme	Domain 1–3
Surface layer	sf_sfclay_physics	MM5 similarity	Domain 1–3
Land/water surface	sf_surface_physics	Noah Land Surface Model	Domain 1–3
Planetary boundary layer	bl_pbl_physics	Yonsei University scheme	Domain 1–3
Cumulus	cu_physics	Kain–Fritsch scheme	Domain 1
		Grell–Freitas scheme	Domain 2
		No parameterisation	Domain 3