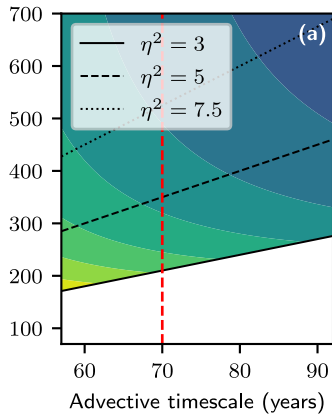
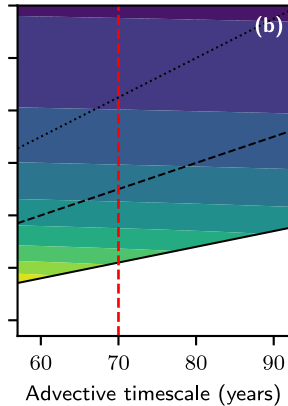


Diffusive timescale (years)



Critical freshwater flux for AMOC collapse (Sv)



Critical freshwater flux for AMOC recovery (Sv)

