The diagram shows the effect of temperature lapse rate $\Gamma$ (K/km) and mantle viscosity $\eta$ (Pa s) on recovery time / plateau time (%), with different temperature offsets $\Delta T$ = 1.5 K, 2 K, and 3 K. The colors represent the percentage recovery time/plateau time, with darker colors indicating higher percentages. The values at specific intersections indicate the percentage recovery time for given combinations of $\eta$ and $\Gamma$.